



Tree Essences for E-Motional Feelings
Spiritual Synergy Essences

Understanding Tree Essence

1 oz. bottle

Suggested Use: 1 dropper full first thing in the morning and 1 dropper full last thing in the evening is the normal dose. If you take these essences as directed they will last about 10-12 days.

NOTE: If working with an Essence Practitioner you may be advised a different suggested use.

Contents: Essences of American Basswood, Jack Pine 2, Red Oak, Rock Elm and Western Red Cedar in a base of Double Helix Water®.

E-motional feelings to consider:

- Needing the Spirit world to share your burden
- No one on Earth understands you
- No one cares about you
- No one understands what is happening
- You are calling out for help to guide you
- You feel your soul cannot go on alone
- Higher parts of your self are gone
- Parts of yourself are not connected
- Your life has no meaning
- Desire your survival instincts and courage back
- Need help to find aspects of your self that are lost
- You want help from the Spirit world.

CAUTIONS: None. Essences are safe to use with any foods, medications or supplements.

These Essences should not be diluted into any other water, drink, or food and should be taken on an empty stomach. The essences should be used up after opening. If unopened these essences will last indefinitely. Essences should be kept in a cool dry place, out of the sunlight or near any electromagnetic fields such as microwaves, computer, etc.

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