



*Tree Essences for E-Motional Feelings  
Spiritual Synergy Essences*

## **Contentment Tree Essence**

**1 oz. bottle**

**Suggested Use:** 1 dropper full first thing in the morning and 1 dropper full last thing in the evening is the normal dose. If you take these essences as directed they will last about 10-12 days.

**NOTE:** If working with an Essence Practitioner you may be advised a different suggested use.

**Contents:** Essences of Azaleas, Western Hemlock, Banyen and Russian Olive in a base of Double Helix Water®.

### **E-motional feelings to consider:**

- The world has not given you what you deserve
- Feel as though you have to have more and more
- You have no joy or happiness
- Feel as though pieces of you are missing
- You look for peace and understanding
- Feel resolution within yourself
- Feel desire to be elsewhere
- Feel incomplete
- You need a relationship to be whole
- Feel material things are the answer to everything
- Feel you have lost your connection to what really matters
- Feel uneasy about your death or loss

*CAUTIONS: None. Essences are safe to use with any foods, medications or supplements.*

These Essences should not be diluted into any other water, drink, or food and should be taken on an empty stomach. The essences should be used up after opening. If unopened these essences will last indefinitely. Essences should be kept in a cool dry place, out of the sunlight or near any electromagnetic fields such as microwaves, computer, etc.

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